

Youth Tobacco Survey (YTS)

THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

1. How old are you?

- a. 12 years old or younger
- b. 13 years old
- c. 14 years old
- d. 15 years old
- e. 16 years old
- f. 17 years old
- g. 18 years old
- h. 19 years old or older

2. What is your sex?

- a. Female
- b. Male

3. What grade are you in?

- a. 6th
- b. 7th
- c. 8th
- d. 9th
- e. 10th
- f. 11th
- g. 12th
- h. Ungraded or other grade

4. How do you describe your origin or descent?

(You can choose more than one answer)

- a. American Indian or Alaska Native
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian/Pacific Islander
- f. White

5. If you are an AMERICAN INDIAN, what tribe(s) do you belong to?

(You can choose more than one answer)

- a. Ak-Chin
- b. Chemehuevi
- c. Cocopah
- d. Colorado River Indian Tribes
- e. Fort McDowell Yavapai
- f. Fort Mojave
- g. Gila River
- h. Havasupai
- i. Hopi
- j. Hualapai
- k. Kaibab-Paiute
- l. Navajo
- m. Pascua Yaqui
- n. Quechan
- o. Salt River Pima-Maricopa
- p. San Carlos Apache
- q. San Juan Southern Paiute
- r. Tohono O'odham
- s. Tonto Apache
- t. White Mountain Apache
- u. Yavapai-Prescott
- v. Yavapai Apache
- w. Other tribe
- x. I am not a member of a tribe
- y. Not sure

6. Where do you live?

- a. On a reservation
- b. In a city or town
- c. In the country, but not on a reservation

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7. What reservation do you live on?

- a. Ak-Chin
- b. Chemehuevi
- c. Cocopah
- d. Colorado River
- e. Fort McDowell Yavapai
- f. Fort Mojave
- g. Gila River
- h. Havasupai
- i. Hopi
- j. Hualapai
- k. Kaibab-Paiute
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- o. Salt River Pima-Maricopa
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- r. Tohono O'odham
- s. Tonto Apache
- t. White Mountain Apache
- u. Yavapai-Prescott
- v. Yavapai Apache
- w. Other reservation
- x. I do not live on a reservation
- y. Not sure

THE NEXT SET OF QUESTIONS ASKS ABOUT TRADITIONAL OR CEREMONIAL USE OF TOBACCO.

8. How much do you know about the traditional uses of tobacco?

- a. Nothing
- b. Very little
- c. A little bit
- d. A lot
- e. Not sure

9. Do you use tobacco for ceremonial prayer or traditional reasons?

- a. Yes
- b. No

10. Other than you, does anyone who lives in your home use traditional tobacco now?

- a. Yes
- b. No
- c. Not sure

11. What type of tobacco do you use for ceremonial prayer or traditional reasons?

- a. Native tobacco plant
- b. Commercial tobacco product
- c. Mixture
- d. Other

THE NEXT SET OF QUESTIONS ASKS ABOUT NON-CEREMONIAL USES OF TOBACCO.

Cigarette Smoking

12. Have you ever tried cigarette smoking, even one or two puffs?

- a. Yes
- b. No

13. How old were you when you smoked a whole cigarette for the first time?

- a. I have never smoked a whole cigarette
- b. 6 years old or younger
- c. 7 or 8 years old
- d. 9 or 10 years old
- e. 11 or 12 years old
- f. 13 or 14 years old
- g. 15 or 16 years old
- h. 17 years old or older

14. About how many cigarettes have you smoked in your entire life?

- a. None
- b. 1 or more puffs, but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about 1 pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
- h. 100+ cigarettes (5 or more packs)

15. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

- a. Yes
- b. No

16. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

17. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

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- a. I did not smoke cigarettes during the past 30 days
 - b. Less than 1 cigarette per day
 - c. 1 cigarette per day
 - d. 2 to 5 cigarettes per day
 - e. 6 to 10 cigarettes per day
 - f. 11 to 20 cigarettes per day
 - g. More than 20 cigarettes per day
- 18. During the past 30 days, how did you usually get your cigarettes?
(Choose only ONE answer)**
- a. I did not smoke cigarettes during the past 30 days
 - b. I bought them in a store such as a convenience store, supermarket, or gas station
 - c. I bought them in a Tribal smoke shop
 - d. I bought them from a vending machine
 - e. I gave someone else money to buy them for me
 - f. I borrowed them from someone else
 - g. I took them from a store or family member
 - h. A person 18 years or older gave them to me
 - i. I got them some other way
- 19. During the past 30 days, where did you buy your last pack of cigarettes? (Choose only ONE answer)**
- a. I did not buy a pack of cigarettes during the past 30 days
 - b. A gas station
 - c. A convenience store
 - d. A discount store
 - e. A grocery store
 - f. A drugstore
 - g. A vending machine
 - h. A restaurant
 - i. A Tribal smoke shop
 - j. Some other place
- 20. When you bought or tried to buy cigarettes in a store or smoke shop during the past 30 days, were you ever asked to show proof of age?**
- a. I did not try to buy cigarettes in a store/smoke shop during the past 30 days
 - b. Yes, I was asked to show proof of age
 - c. No, I was not asked to show proof of age
- 21. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**
- a. I did not try to buy cigarettes in a store/smoke shop during the past 30 days
 - b. Yes, someone refused to sell me cigarettes because of my age
 - c. No, no one refused to sell me cigarettes because of my age
- 22. During the past 30 days, on how many days did you smoke cigarettes on school property?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days
- 23. When was the last time you smoked a cigarette, even one or two puffs?**
- a. I have never smoked a cigarette
 - b. Earlier today
 - c. Not today but sometime in the past 7 days
 - d. Not during the past 7 days, but sometime in the past 30 days
 - e. Not during the past 30 days, but sometime in the past 6 months
 - f. Not during the past 6 months but sometime in the past year
 - g. 1-4 years ago
 - h. 5 or more years ago
- 24. How long can you go without smoking before you feel like you need a cigarette?**
- a. I have never smoked cigarettes
 - b. I do not smoke
 - c. Less than an hour
 - d. 1 to 3 hours
 - e. More than 3 hours but less than a day
 - f. A whole day
 - g. Several days
 - h. A week or more
- 25. Do you want to stop smoking cigarettes?**
- a. I do not smoke
 - b. Yes
 - c. No
- 26. During the past 12 months, did you ever try to quit smoking cigarettes?**
- a. I did not smoke during the last 12 months
 - b. Yes
 - c. No
- 27. How many times, if any, have you tried to quit smoking?**
- a. I have never smoked cigarettes
 - b. None
 - c. 1 time
 - d. 2-3 times
 - e. 4 to 5 times
 - f. 6 to 9 times
 - g. 10 or more times

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28. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than 1 day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. More than 30 days but less than 6 months
- g. More than 6 months but less than a year
- h. More than a year

Smokeless Tobacco: Chewing tobacco, snuff, or dip

29. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

- a. Yes
- b. No

30. How old were you when you used chewing tobacco, snuff, or dip for the first time?

- a. I have never used chewing tobacco, snuff or dip
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

31. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

32. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

33. During the past 30 days, how did you usually get your chewing tobacco, snuff, or dip?

(Choose only ONE answer)

- a. I did not use chewing tobacco, snuff, or dip during the past 30 days
- b. I bought it in a store such as a convenience store, supermarket, or gas station
- c. I bought it in a Tribal smoke shop
- d. I gave someone else money to buy it for me
- e. I borrowed it from someone else
- f. A person 18 years or older gave it to me
- g. I took it from a store or family member
- h. I got it some other way

34. During the past 30 days, did anyone ever refuse to sell you chewing tobacco, snuff, or dip because of your age?

- a. I did not buy chewing tobacco, snuff or dip in a store/smoke shop during the past 30 days
- b. Yes, someone refused to sell me chewing tobacco, snuff, or dip because of my age
- c. No, no one refused to sell me chewing tobacco, snuff, or dip because of my age

35. During the past 12 months, did you ever try to quit chewing tobacco, snuff, or dip?

- a. I did not chew/dip during the last 12 months
- b. Yes
- c. No

36. Do you want to stop using chewing tobacco, snuff, or dip?

- a. I do not use chewing tobacco, snuff, or dip
- b. Yes
- c. No

37. How many times, if any, have you tried to quit using chewing tobacco, snuff, or dip?

- a. I have never used chewing tobacco, snuff, or dip
- b. None
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

38. When you last tried to quit, how long did you stay off chewing tobacco, snuff, or dip?

- a. I have never used chewing tobacco, snuff, or dip
- b. I have never tried to quit
- c. Less than 1 day
- d. 1-7 days
- e. More than 7 days but less than 30 days
- f. More than 30 days but less than 6 months
- g. More than 6 months but less than a year
- h. More than a year

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Cigars

39. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?
- Yes
 - No
40. How old were you when you smoked a whole cigar, cigarillo, or little cigar for the first time?
- I have never smoked a cigar, cigarillo, or little cigar
 - 8 years old or younger
 - 9 or 10 years old
 - 11 or 12 years old
 - 13 or 14 years old
 - 15 or 16 years old
 - 17 years old or older
41. During the past 30 days, on how many days did you smoke a cigar, cigarillo, or little cigar?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
42. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars?
(Choose only ONE answer)
- I did not smoke cigars, cigarillos, or little cigars during the past 30 days
 - I bought them in a store such as a convenience store, supermarket, or gas station
 - I bought them in a Tribal smoke shop
 - I gave someone else money to buy them for me
 - I borrowed them from someone else
 - I took them from a store or family member
 - A person 18 years or older gave them to me
 - I got them some other way

(Non-Ceremonial) Pipe Tobacco

43. During the past 30 days, on how many days did you smoke non-ceremonial tobacco in a pipe?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

Bidis and Kreteks

44. Have you ever tried smoking any of the following:
- Bidis (flavored cigarettes with tobacco wrapped in a leaf and tied with a thread)
 - Kreteks (clove cigarettes)
 - I have tried both bidis and kreteks
 - I have never smoked bidis or kreteks
45. During the past 30 days, on how many days did you smoke bidis?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

THE NEXT SET OF QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

46. Do you think that you will try a cigarette soon?
- I have already tried smoking cigarettes
 - Yes
 - No
47. Do you think you will smoke a cigarette at anytime during the next year?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
48. Do you think you will be smoking cigarettes 5 years from now?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
49. If one of your best friends offered you a cigarette, would you smoke it?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
50. Do you think people who smoke cigarettes have more friends?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not

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51. Do you think smoking cigarettes makes people look cool or fit in?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
52. Have you ever felt pressure from your friends or peers to smoke in order to "fit in" or be acceptable?
- Yes
 - No
53. Have you ever felt pressure from your friends/peers to chew tobacco in order to "fit in" or be acceptable?
- Yes
 - No
54. If you felt pressure from friends or peers to use tobacco, what did you do?
- I have not felt pressure from friends or others to use tobacco
 - I smoked/chewed, so I could fit in
 - I did not smoke or chew
55. Do you think that smoking cigarettes is good for weight control?
- Yes
 - No
56. Have your parents/elders/guardians ever discussed the dangers of smoking cigarettes with you?
- Yes
 - No
57. Have your parents/elders/guardians ever discussed the dangers of using chewing tobacco or snuff with you?
- Yes
 - No
58. Have your parents/elders/guardians ever discussed the dangers of smoking cigars with you?
- Yes
 - No
59. Can people get addicted to cigarette smoking just like they can get addicted to using cocaine or heroin?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
60. Do you think it is safe to smoke cigarettes for only a year or two, as long as you quit after that?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
61. Do you think you would be able to quit smoking cigarettes now if you wanted to?
- I do not smoke now
 - Yes
 - No
62. Do you think people risk harming themselves if they smoke 1-5 cigarettes per day?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
63. Has a doctor, or someone in a doctor's office/clinic, talked to you about the danger of tobacco use in the past 12 months?
- I have not visited a doctor's office in the past 12 months
 - Yes
 - No
64. Has a dentist, or someone in a dentist's office, talked to you about the danger of tobacco use in the past 12 months?
- I have not visited a dentist's office in the past 12 months
 - Yes
 - No
65. Do you believe that light (low-tar) cigarettes are less risky than regular (full-flavor) cigarettes?
- Yes, they are less risky
 - No, they pose the same risk
 - No, they are more risky
66. During this school year, did you practice ways to say "No" to tobacco in any of your classes (for example, by role-playing)?
- Yes
 - No
 - Not sure
67. Does your school have any special groups or classes for students who want to quit smoking cigarettes or using tobacco?
- Yes
 - No
 - Not sure

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THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

68. During the past 12 months, have you participated in any community events to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?
- Yes
 - No
 - I did not know about any activities
69. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?
- None
 - 1-3 times in the past 30 days
 - 1-3 times per week
 - Daily or almost daily
 - More than once a day
70. When you go to sports events, fairs, concerts, pow-wow, rodeo or community events, how often do you see ads for cigarettes, chewing tobacco, dip or snuff?
- I do not go to sports events, fairs, concerts, pow-wows or other community events
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
71. When you watch TV or go to movies, how often do you see actors using tobacco?
- I do not watch TV or go to movies
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
72. When you watch TV, how often do you see athletes using tobacco?
- I do not watch TV
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
73. When you are using the Internet, how often do you see ads for tobacco products?
- I do not use the Internet
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never

74. During the past 30 days, how many messages have you seen on billboards about NOT SMOKING cigarettes?
- A lot
 - A few
 - None
 - I did not notice
75. When you go to a convenience store or gas station, how often do you see advertisements for cigarettes, chewing tobacco, snuff, or dip?
- I never go to convenient stores or gas stations
 - A lot
 - Sometimes
 - Never
 - I do not notice

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

76. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?
- Yes
 - No
77. Would you ever use or wear something that has a tobacco company name or picture on it (such as a lighter, t-shirt, hat, or sunglasses)?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.

78. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days

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79. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days
80. Do you think the smoke from other peoples' cigarettes is harmful to you?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
81. Does anyone who lives with you now smoke cigarettes?
- Yes
 - No
82. Does anyone who lives with you now use chewing tobacco, snuff or dip?
- Yes
 - No
83. How many of your four closest friends or cousins smoke cigarettes?
- None
 - One
 - Two
 - Three
 - Four
 - Not sure
84. How many of your four closest friends or cousins use chewing tobacco, stuff, or dip?
- None
 - One
 - Two
 - Three
 - Four
 - Not sure

THE NEXT QUESTIONS ASK ABOUT YOUR HEALTH.

85. Has a doctor told you, or your parents, elders or guardians that you currently have any of the following conditions?
(You can choose more than one answer)
- Asthma
 - Depression
 - Anxiety
 - Sleep apnea
 - High blood pressure
 - Eczema/skin rashes
 - Hay fever
 - I have none of the above
86. During the past 30 days, how many school days did you miss?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
87. During the past year, how many times did you visit a doctor for a medical problem (including office visits, clinics, and emergency rooms)?
- I have not been to a doctor's office, clinic, or emergency room in the past year
 - 1 to 3 visits
 - 4 to 7 visits
 - 8 to 11 visits
 - 12 to 15 visits
 - More than 15 visits
88. During the past year, what is the total number of nights that you have needed to spend in a hospital?
- 0 nights
 - 1 night
 - 2 nights
 - 3 nights
 - 4 nights
 - 5 or more nights



Please return your survey - and have a
GREAT DAY!